

# Press Release

## SPRING INTO ACTION WITH RAMBLERS WALKING HOLIDAYS



Spring in the Mediterranean is the perfect time to explore on foot, with spring wildflowers, fresh green landscapes and warmer temperatures.

With a selection of one to two week holidays to get you into action, why not join the experts in walking holidays - Ramblers Walking Holidays – on a springtime jaunt in sunnier climes strolling along the [Eastern Algarve coast](#), exploring Italy's [Sorrento Peninsula](#) or hiking the [Pilgrim's Way](#) on the Spanish island of Mallorca.

### **Tavira, Pearl of the Algarve** (Moderate, Grade 4)

Spring is an ideal time to explore the coastal villages and unspoilt beaches of the Eastern Algarve with warming temperatures giving rise to an ever-changing display of flowers along ancient walking trails. Based in Tavira, an enchanting white-washed 13<sup>th</sup> century town straddling the Rio Gilão with a labyrinth of cobbled streets, shady plazas and a colourful fishing harbour, enjoy soaking up its authentic Portuguese charm. Walks include visits to one of the world's most beautiful beaches off Tavira Island in the Ria Formosa Natural Park and along the coast to pretty villages such as Santa Luiza, Cabanas and Cacela Velha. Complemented by inland meanders through orange groves, olive and carob orchards, pines and cork oaks, evenings are equally relaxingly spent sampling wonderfully fresh fish dishes and other Portuguese homemade specialties in one of the many attractive squares.

**Ramblers Walking Holidays (01707 331133, [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk)) 'Tavira, Pearl of the Algarve' 7 night holiday starts from £965/person including return flights and transfers, halfboard ensuite accommodation, all transport costs and service of a leader. Spring Departures: 1 & 29 April 2018.**

### **Exploring the Sorrento Peninsula** (Moderate, Grades 4 & 5)

With its wonderful coastline and views of Naples, Vesuvius and the Isle of Capri, Sorrento is spectacular at any time of year and even more so in Spring when mid 20°C temperatures liven the hills with wildflowers. Enjoy this lovely area without the summer crowds, with leisurely days walking on the Peninsula and in the Lattari Mountains perfectly punctuated with visits to some of the region's most fascinating sites such as the Roman cities of Pompeii and Herculaneum and the magnificently preserved Greek temples of Paestum. With magnificent walks to the crater rim of Vesuvius and along the dramatic Amalfi coastal Path of the Gods, days out are well rewarded sipping on a chilled limoncello as the sun slips slowly into the sea. There is also the opportunity to visit Amalfi, Positano, Ravello and the colourful city of Naples.

**Ramblers Walking Holidays (01707 331133, [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk)) 'Exploring the Sorrento Peninsula' one or two week break with one week starting from £1125/person including return flights and transfers, half board ensuite accommodation, all transport costs and service of a leader. Spring Departures: 7, 14, 21 & 28 April 2018; 5, 12 19 & 26 May 2018; 2 June 2018.**

### **Walking from Puerto de Soller** (Moderate – Grade 4)

Mallorca is well-known for its sunshine with warming temperatures in Spring ideal for walking. Exploring the remote coastal and mountain paths on the North West of the island bordering the Sierra de Tramuntana range, [Walking from Puerto de Soller](#) covers less trodden paths along aromatic trails through fertile hills cultivated with olive, carob, fig groves and sweet smelling citrus orchards. Based in the coastal port of Puerto de Soller, where the mountains meet the sea, access to some of the island's best walks

are literally on the doorstep. With emerging flora sure to put an extra spring in your step, enjoy leisurely ambles through the lemon and orange groves in the small village of Soller, farmland walks along cliff tops for great sea views of one of the island's best beaches Cala Tuent and more vigorous hikes down the gorge Es Barranc along the old Pilgrim's Way towards the Lluc Monastery.

**Ramblers Walking Holidays (01707 331133, [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk)) [Walking from Puerto de Soller one week half board holiday starts from £1175/person including return flights, en-suite B&B accommodation, dinner at hotel and local restaurants, all local transport costs.](#)**

Spring departures: 31 March, 7, 14, 21 & 28 April, 5, 12, 19 & 26 May 2018.

In addition to the above, Ramblers Walking Holidays extensive portfolio of holidays, including many Spring departures, can be viewed on [www.ramblersholidays.co.uk](http://www.ramblersholidays.co.uk).

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#### **Notes to Editors:**

#### **Company Background:**

Ramblers Walking Holidays is a holiday brand from RWH Travel, the experts in guided walking adventures. Sister brands within the group include Adagio holidays – leisurely walking and cultural holidays at a gentle pace and Cruise & Walk – Walking Holidays in association with Fred. Olsen Cruise Lines.

For its walking holidays the company is recognised as a Which? Recommended Provider – i.e. companies which are highly rated by Which? Members and reach the exacting standards of Which? Researchers.

#### **Walking Grades:**

\*Each of the Ramblers Walking Holidays has been graded to help clients choose their preferred pace, with categories ranging from Grade 1-3/Leisurely (usually two hours walking); to Grade 4-6/Moderate (a combination of full and half day walks); and Grade 7-9/Challenging (full day walks where stamina is key).

On some holidays, there is the chance to experience more than one walking grade with two leaders. Perfect for couples and friends who prefer to walk at a different pace or have different walking abilities.

#### **Special Interest**

To help clients choose the type of walking holiday that will appeal to their interest, Ramblers Walking Holidays also uses symbols that depict the main interest, style or theme of the walks. Categories include: Pioneer; Continuous Walks; Flora & Walking Holidays; Bird Watching & Walking; Lifestyle, Culture & Natural History; Hutting; Rail & Walk; Sightseeing.

#### **Company Mission**

The company's mission is to generate funds for walking charities by the provision of outstanding outdoor activity holidays worldwide.

With its not-for-profit philosophy, the company contributes monies to the Ramblers Holidays Charitable Trust which supports walking related and environmental projects in the UK. The company also funds Heart & Sole - an initiative managed by company staff, with the aim of reaching into the heart of the communities visited both in the UK and overseas.

RWH Travel also runs The Walking Partnership - an initiative which champions walking at the 'grass roots' level by providing funding and support to walking groups and clubs throughout the UK.

Ramblers Walking Holidays is the Walking Holiday Partner of the Ramblers, Britain's walking charity which has been pioneering and championing walking and 'rights of way' for over 70 years across England, Scotland and Wales.

**Customers travelling on all holidays operated by RWH Travel are fully protected via the company's membership of ABTA & ATOL. RWH Travel is also a member of AITO.**